



**United Services, Inc.**  
*Creating healthy communities*

EXPANDING COMMUNITY ACCESS TO BEHAVIORAL HEALTH



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## **Community Response**



United Services provides an effective response to the youth, family and adult social and behavioral health needs in its community.

2021 REPORT TO NORTHEAST CONNECTICUT

# **United Services, Inc.**

## **Brooklyn Board of Selectmen Presentation**

### **March 10, 2022**



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# Who We Are

- A comprehensive, non-profit Community Behavioral Health Center.
- We operate **more than 30 programs** under our one administration, including Outpatient Mental Health for adults, children and families, Substance Abuse Treatment, Family Services and Parenting Programs, Crisis Services and the region's only Domestic Violence Program.





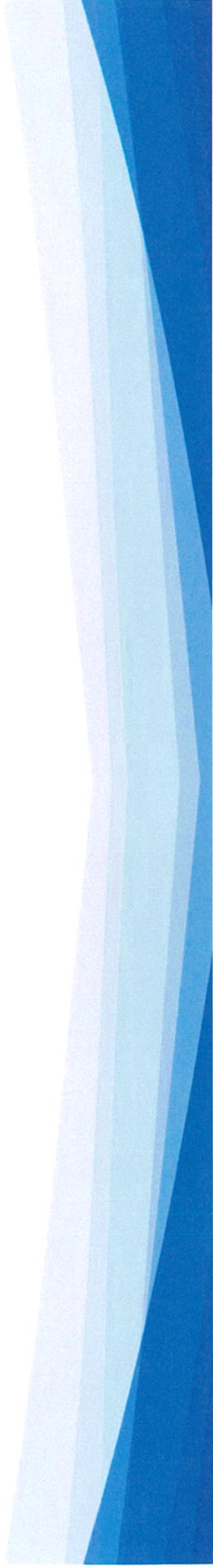


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# Who We Serve

In FY21, we provided **101,157** units of service to **3,530** people here in Northeastern Connecticut. These include:

- Adult Outpatient Mental Health/Addiction: **1,398** adults – **↑ 22%**
- Child Guidance Clinic: **601** children and families – **↑ 29%**
- Employee Assistance Program: **2,457** small business employees
- Parenting Programs: **218** families
- Domestic Violence Program: **823** adults and children served



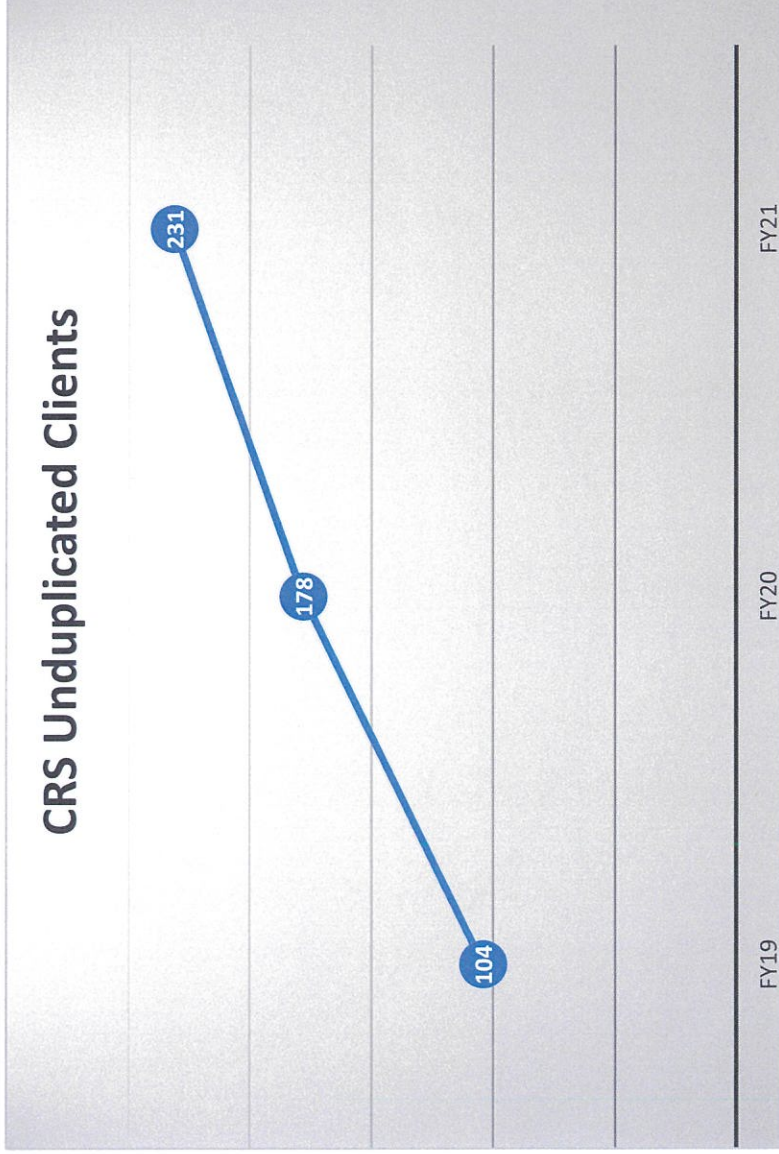


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# Crisis Response Services

Over the last two years, we have seen the largest increases in our Crisis Response Services program.

Clients seen by our Crisis Response Services team have increased by **122%**

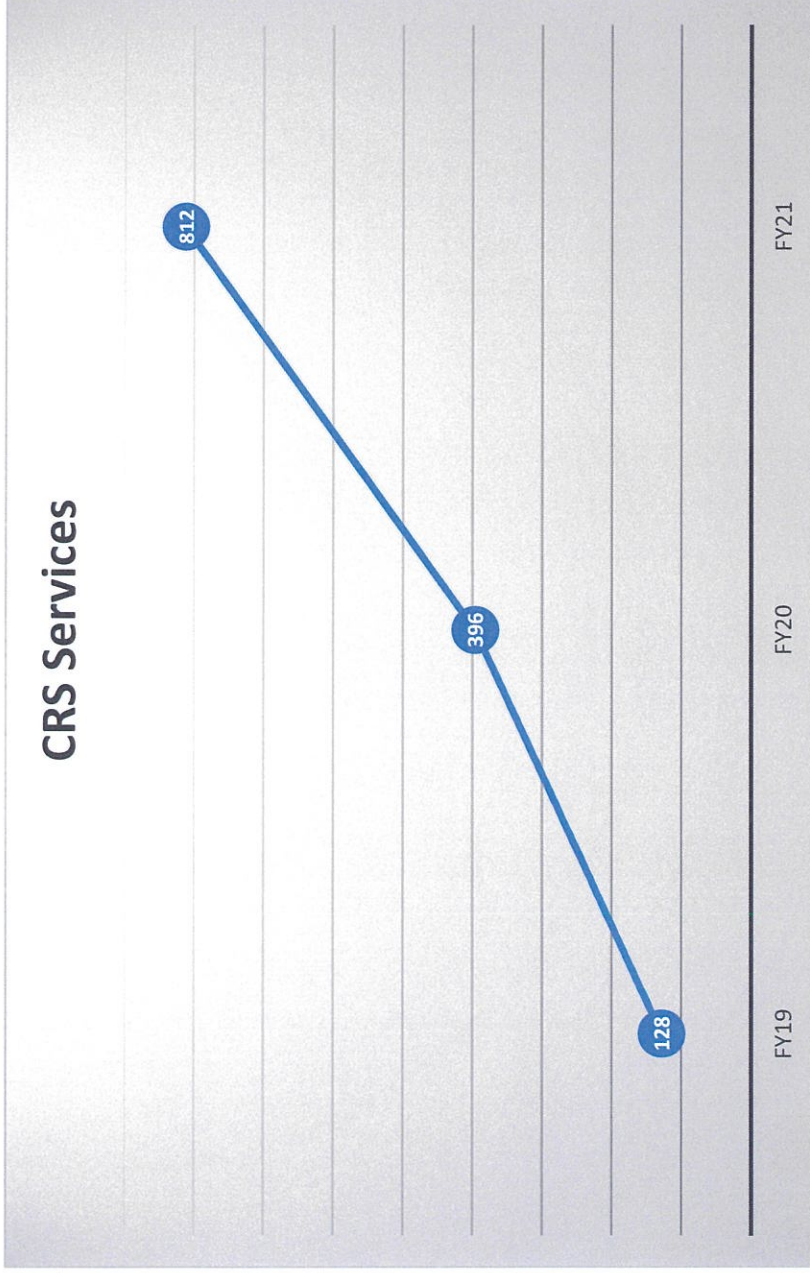






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# Crisis Response Services



While services has increased by **534%**.

This is the result of the limited/nonexistent service options in our area. We are also seeing a lot of people who have not previously connected with the service system.



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# Community Response

- USI applied for and was awarded \$3 million in federal funding over 2 years from the Substance Abuse and Mental Health Services Administration (SAMHSA) for Community Mental Health Center (CMHC) funding through a competitive RFP.
- We have called this Project CREST: Crisis Response, Engagement and Stabilization Team







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Services to  
Brooklyn  
residents  
July 1, 2020 –  
June 30, 2021

PARTIAL LISTING OF SERVICES	RESIDENT CONTACTS	NUMBER OF VISITS/ CONTACTS	PERCENT INCREASE OVER LAST YR
<i>Adult Outpatient Services &amp; Addiction Recovery Services</i>	108	1,501	16%
<i>Crisis Response Services</i>	23	63	21%
<i>Child Guidance Clinic</i>	36	303	44%
<i>Behavioral Health Home</i>	32	855	--
<i>Psychiatric Services</i>	116	939	10%
<i>Work Services</i>	8	65	14%
<i>Recovery Pathways</i>	54	2,749	--
<b>TOTAL SERVICES PROVIDED IN ALL PROGRAMS</b>	<b>405</b>	<b>7,243</b>	<b>15%</b>

-- = totals were even or increased only minimally



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# Town Support Request

- This year's request has been updated with the 2020 Census data
- Due to the region's population decline and the significant increases in demand for services, we have increased our per capita request for the first time in 25 years.
- \$0.72 per capita
  - A \$0.02 increase to our previous request.





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# Town Support Request

- **Brooklyn's request, based on the town's population of 8,450, is \$6,084.**
- Town Funding is used to match state funding for programs such as child abuse and trauma treatment, victim supports, youth violence prevention and the Domestic Violence Program, as well as support crisis services and provide information about behavioral health for local citizens.
- Town funds go directly to programs and are not used to pay for any administrative costs.



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# Youth Service Bureau

United Services is the designated Youth Service Bureau for six towns in northeastern Connecticut: Brooklyn, Canterbury, Eastford, Killingly, Plainfield and Sterling.

The definition of this program is “coordinating entity for youth services for a municipality.”







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# Youth Service Bureau

United Services YSB offers:

- Free trainings for parents and youth
  - At least one per quarter
- Pro-social activities for youth
  - After school youth clubs
  - Teen clubs

<p>United Services, Inc. and the Local Interagency Service Team (L.I.S.T.) Present</p>
<p><b>THE RISKS OF VAPING AND YOUR CHILD.</b></p> <p><b>WHAT WE ALL NEED TO KNOW</b></p>
<p>A FREE online training for parents and caregivers to learn more about the current VAPING crisis in our communities for our youth.</p>
<p><b>Thursday, January 27, 2022</b></p> <p><b>5:30 – 6:30 p.m. on Zoom</b></p> <p>Presenter: Kelsey Hust, LMSW Community and Worksite Wellness Program Manager, United Services, Inc.</p> <p>Registration is required. Space is limited. To Register and receive the Zoom link: contact Lori Bergstrom at 860.412.8665 or email <a href="mailto:lbergstrom@usmhs.org">lbergstrom@usmhs.org</a></p> <p><b>All Participants who register and participate will receive a \$25 Walmart gift card.</b></p> <p><i>Sponsored by the Local Interagency Service Teams (L.I.S.T.)</i></p>



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# School Truancy

- Per DCF, the YSB is the “truancy hub” for school districts.
- Assessment and case management to identify and resolve barriers to attending school.

We continue to see a high number of Truancy referrals.

**FY21: 74 Truancy referrals, including 9 from Brooklyn**  
**First 6 months of FY22: 34 Truancy referrals, including 3 from Brooklyn**





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# Juvenile Review Board

- System to divert youth from involvement in the Juvenile Justice System.
- Referrals typically come from School Resource Officers, Resident State Troopers, CT State Police.

Pre-COVID, we averaged 10-15 JRB referrals in a year.  
**FY21: 19 JRB Referrals, including 3 from Brooklyn**  
**First 6 months of FY22: 24 JRB referrals, including 2 from Brooklyn**



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## Youth Service Bureau Funding

State statute requires us to request a cash match from each town in the YSB.

Brooklyn, as calculated from the 2020 Census, has a population under age 18 of 1,749.

This comprises 16% of the total six-town youth population. We therefore ask that Brooklyn contributes \$6,975.52 (16% of our total funding of \$43,249) to the required match for the YSB.





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# State Budget

- You've seen headlines about Mental Health being a top priority in the state budget.
- Gov. Lamont's budget draft includes for Eastern Connecticut:
  - Additional dollars to expand mobile crisis capacity to 24/7
  - That's it.





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# Thank You!

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